



ARE YOU CURIOUS? YOU'RE INVITED TO LEARN MORE.

EDUCATION

Dementia **ANSWERS®** - our one-stop resource directory for local and national Dementia-related support services. Call us at 1-800-DEMENTIA or search online at DementiaAnswers.org.

DementiaSociety.org, a simple-to-use website, which is filled with meaningful information, helpful care videos, and accurate definitions of various types and causes of Dementia.

Want more? Just ask. We'd be pleased to send you a complete package of solid Dementia and/or Brain Health information.

LIFE-ENRICHMENT

The **Ginny Gives®** program underwrites grants to help promote quality-of-life, non-medical activities including music, art, dance, movement, touch, and many other life-enriching therapies and experiences, for those living with Dementia, and their care partners.

Operation KeepSafe™ program provides those living with Dementia, who may elope (leave or wander) from home, a medical ID kit along with a personalized online profile, to help first responders and others obtain critical life-saving information about the individual.

RECOGNITION

Dementia **QUEST®** - an "Award of Recognition" program promoting novel Dementia research intended to help and heal those around the world, and across generations.

Dementia **SMART®** - our "Seal of Recognition" program, and guide to the most innovative products, services and solutions for the Dementia community.

Dementia **CARER™** - the "Certificate of Recognition" program to acknowledge outstanding personal Dementia care provided by an individual(s) or community.

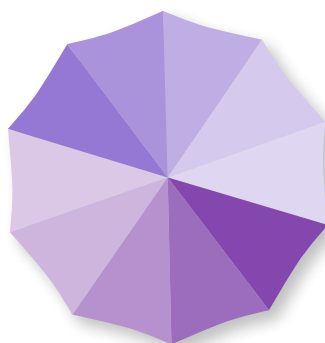
KNOW DEMENTIA®

What is Dementia? Dementia is a syndrome and an umbrella term. It covers a broad spectrum of conditions and diseases. When two or more areas of brain function, such as memory, decision-making, behavior, or motor skills, become impaired, that may indicate a possible Dementia. It's important to know that minor memory loss alone does not necessarily mean one has Dementia.

Dementia vs Alzheimer's? There are many forms of Dementia, and Alzheimer's is considered one common cause. That said, although all conditions involve the brain, not all causes of Dementia are related to Alzheimer's disease.

Can I prevent Dementia? Some rare forms are inherited; a few may be treatable, but most are progressive and cause death. Yet, many medical professionals believe there are ways to lower your risks, such as eating more fiber, less sugar, improving sleep, exercising, and protecting your head and your heart. Most of all, be curious!

Note: we do not provide medical advice, please consult your doctor.



TRY SOMETHING NEW & FUN FOR YOUR BRAIN HEALTH

1. Open your smartphone camera
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3. Touch the banner that appears
4. Then explore our website



501(c)(3) Volunteer-Driven Nonprofit Charity

WE CAN
**MAKE A
DIFFERENCE**
together

OUR MISSION

Dementia Society of America is your leading volunteer-driven, all-Dementias nonprofit organization in the United States. Our mission is to enhance the quality of life for those living with Dementia, their care partners, and the community at large through: education; life-enrichment programs; and recognition of outstanding care, research, and innovation.

...we know you matter®

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