

PROVIDER EDUCATION

CME PROGRAMS address diagnosis and management of neurological conditions such as Alzheimer's disease and other dementias, Parkinson's disease and other movement disorders, and multiple sclerosis.



MONTHLY CME GRAND ROUNDS LIVE ONLINE

4TH FRIDAY
12:00 pm – 1:00 pm

Live with expert Q&A
<https://cle.clinic/2TDNUih>

- **CME Grand Rounds offers FREE ACCME accredited CME/CEU activities**
- Access online Live or On-demand Suitable for all provider types
- Gain knowledge and understanding about diagnosis and management of Alzheimer's disease and related dementias.
- Funded by HRSA's Geriatric Workforce Enhancement Program in collaboration with UNLV School Medicine



CME ON-DEMAND

Not available for live activities?
Watch 24/7 on-demand recordings
of past activities and earn CME/
CEU. <https://cle.clinic/3mPEfbB>



CME CONFERENCES (Live Hybrid)

One and two-day conferences providing
intensive clinical neuroscience
education for the busy practitioner.



STUDENT EDUCATION



CONVENIENCE LEARNING

- Incorporate pre-recorded didactic educational activities on a variety of ADRD topics into your student, resident, and fellow training curricula
- View available pre-recorded topics on our website.
- Videos can be delivered in MP4 format upon request
- Advance registration is required



LIVE VIRTUAL LEARNING

- Schedule a live virtual educational activity with Q&A and discussion on Alzheimer's disease and related disorders (ADRD) topics
- Platforms: Microsoft Teams, Zoom Webinar, or live streamed on our website.



RESIDENT TRAINING VIRTUAL OBSERVATIONS

Available to Family Practice,
Internal Medicine, Emergency
Medicine, Psychiatry, Geriatrics

INTERDISCIPLINARY CLINICAL NEUROSCIENCE SEMINAR (iCNS)

Thursdays 8:00AM—9:00AM
Via Microsoft Teams

UNLESS OTHERWISE NOTED, SERVICES BELOW ARE OFFERED AT NO COST TO THE COMMUNITY

ADDITIONAL DETAILS: ClevelandClinic.org/NevadaEvents

CAMPUS & COMMUNITY EVENTS



ALL LUNCH & LEARN ZOOM WEBINAR

Wednesdays 12 - 1 pm
Register at bit.ly/2RGKnyG

Offered on most Wednesdays. Topics cover information and management of the neurological diseases treated at the clinic, community resources, and healthy aging.

POWERFUL TOOLS FOR CAREGIVERS – Six week Evidence-based program NOW ONLINE!

Offered intermittently through the year. Daytime and evening sessions. Class meets weekly for six weeks. Caregivers learn self-care, emotional management, self-efficacy and community resources.

ALL GRIEF and RELIEF 24/7 CONFIDENTIAL HOTLINE 1.844.204.7433

Connect to the Cleveland Clinic Spiritual Care Center to speak with a clinically trained chaplain for solace and support.

PARKINSON'S DISEASE EVENTS

EVENING COMMUNITY PROGRAM

Offered quarterly, this two-and-a-half-hour program features multiple speakers as well as an audience Q&A session. Speakers include both internal and guest faculty from the community and prestigious regional universities.

FULL-DAY SYMPOSIA

Bi-Annual. Coverage of a wide range of topics and parallel/breakout sessions, which also include practice demonstrations (such as speech, yoga, rock steady boxing, etc.)

LUNCH & LEARN SESSIONS

Each month one Lunch & Learn session is set aside to focus on various aspects of understanding or managing Parkinson's disease. The sessions are interactive with discussion and Q&A from the audience. Speakers include Cleveland Clinic physicians and community experts.



ENGAGEMENT ARTS

Open to patients and community
Contact for 702.271.9563 for **ONLINE** location of arts events

CONVERSATIONS TO REMEMBER

Second & Fourth Monday,
10:30 am – 11:45 am

Telling stories through art is fun, can foster creative thinking and stimulate distant memories. This program is ideal for individuals with memory loss or cognitive decline and their care partners, but is also great fun for friends of the community looking for engaging social interaction.

ALL **THE LEARNING ARTS**

First & Third Tuesday
11:00 am – Noon

Eclectic excursions via videoconferencing with museums across North America. This program supports two important pillars of brain health – continued learning and social engagement.

ALL **MIND IN DESIGN – An Art Making Class for Everyone**

First Monday, 10:30 am – 12:00
or 1:00 – 2:30 pm

A NEW spin on a fun program designed to promote patient/caregiver interaction, increase socialization, and provide space for individuals to change their routine, de-stress and unwind. **Art kit provided.**

ALL **LYNNE RUFFIN-SMITH LIBRARY**

Our e-Library is a great resource!
Visit www.keepmemoryalive.org/library to
browse our selections



What Do You Need to Access Books?

A FREE Library ID # - Call 702.271.9563

Books can be downloaded to our Libby by
OverDrive app or Kindle

LEGEND

ALL Relevant to all audiences

 Memory loss

 Movement disorders

MS Multiple sclerosis

THERAPEUTIC COUNSELING SERVICES for clinic patients & family members

UNLESS OTHERWISE NOTED, SERVICES BELOW ARE OFFERED AT NO COST TO THE COMMUNITY

ALL **GROUP MUSIC THERAPY FOR INDIVIDUALS WITH MEMORY LOSS**

Monday through Friday
3:00 – 4:30 pm daily

Contact Becky: wellmar@ccf.org

ALL **RHYTHMIC REMINISCENCE**

Thursdays
1:15 – 2:15 pm

A music/ physical therapy collaboration.

Pre-approval required.

Contact Becky: wellmar@ccf.org

MS **YOGA FOR MS**

Wednesdays & Fridays: 1:00 – 2:00 pm
Join early for support group 12:30 – 1:00 pm. Contact Sandy: chapmas6@ccf.org

YOGA FOR PARKINSON'S

Saturdays: 1:00 – 2:00 pm

Contact Ruth: almenr2@ccf.org

SUPPORT GROUPS

FOR CARE PARTNERS



FRONTOTEMPORAL DEMENTIA (FTD) & PRIMARY PROGRESSIVE APHASIA (PPA)

1st & 3rd Wed
6:30 – 8 pm

Contact Ruth: Almenr2@ccf.org

ALL **DEMENTIA WITH LEWY BODY (DLB)**

First and Third Wed
1:30 – 2:30 pm

Contact Ruth:

Almenr2@ccf.org

ALL **MEMORY LOSS FOR CAREGIVERS PEER-FACILITATED SUPPORT GROUP**

Second and Fourth Wed
1:00 – 1:45 pm; 2:00 – 2:45 pm

Second and Fourth Thurs

1:00 – 1:45 pm; 2:00 – 2:45 pm

Contact Dr. Carriere: lrcbhhealthpsych@ccf.org

FOR PATIENTS AND CARE PARTNERS

PROGRESSIVE SUPRANUCLEAR PALSY (PSP)

2nd Mon
1:30 pm – 2:30 pm

Contact Ruth:

almenr2@ccf.org

PARKINSON'S DISEASE (PD)

4th Tue
11:30 am – 12:30 pm

Contact Michelle:

pesterm@ccf.org

HUNTINGTON'S DISEASE (HD)

2nd & 4th Thu
12:00 – 1:00 pm

Contact Michelle:

pesterm@ccf.org

MS **MULTIPLE SCLEROSIS**

1st & 3rd Mon
2:30 – 3:30 pm

Contact Sandy

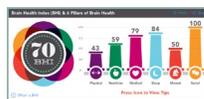
chapmas6@ccf.org

HEALTHYBRAINS.ORG



WHAT IS HEALTHYBRAINS.ORG?

A tool designed to engage, educate and empower all who are eager to maximize brain health, minimize risk of brain disorders and participate in the discovery of new treatments for Alzheimer's, Parkinson's and multiple sclerosis



THE HEALTHYBRAINS APP

- Take a free self-administered brain checkup
- Get your Brain Health Index (BHI) score and report
- Use your personal dashboard to track progress and get tips
- Test your memory as often as you'd like
- Elect to receive news trends in brain health
- Choose to learn about possible clinical trials participation