

Webinar Series

Join Sprenger Health Care for education programs presented by the Alzheimer's Association®



Webinars are free to participate, but pre-registration is required. You will get access information by email to join via computer or phone as part of your registration confirmation. Our 24/7 Helpline can also register you, and answer any caregiving or brain health questions you may have: 800.272.3900.

Each webinar is scheduled for 6:00-7:00 p.m.

Understanding Alzheimer's and Dementia **March 18th**

Come learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, and current research and treatments available to address some symptoms.

10 Warning Signs of Alzheimer's **April 8th**

Join the Alzheimer's Association to learn how early detection of Alzheimer's can give you the chance to enroll in clinical studies and plan for the future.

Dementia Conversations **May 13th**

This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future.

Healthy Living for Your Brain and Body **June 10th**

Join the Alzheimer's Association to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Learn hands-on tools to help incorporate these recommendations.

Effective Communication Strategies **July 8th**

Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Understanding Dementia Related Behaviors **August 12th**

Behavior is a powerful form of communication for people experiencing dementia as the ability to use verbal language is lost. Join the Alzheimer's Association to learn to decode behavioral messages and intervene with some of the most common behavioral challenges of Alzheimer's.