

Is Parkinson's Impacting your Life? Take Control by Optimizing Mobility!

Sprenger Health Care is proud to offer **Delay the Disease**, a 12 week exercise program developed to optimize the physical functioning of people with Parkinson's disease (PD). Studies have suggested that daily exercise helps to manage symptoms and delays the progression of PD. Our Licensed Therapists will guide you through your journey to take back control of your life.

Classes are currently on hold due to Covid-19

This is a Free 12 Week Program and will be held at:

Amherst Manor

175 North Lake Street
Amherst, Ohio 44001
(440) 988-4415

Heather Knoll

1134 North Ave.
Tallmadge, Ohio 44278
(330) 688-8600

Smithville Western

4110 E Smithville Western Rd.
Wooster, Ohio 4461
(330) 345-9050

Contact us for more information or to RSVP

Take control today and join in the fight against Parkinson's!



OHIOHEALTH

DELAY THE DISEASE™

THE #1 PARKINSON'S EXERCISE PROGRAM

