



*Inspiring hope and enhancing the well-being of people with physical disabilities through innovative fitness and adaptive recreation programs.*

## BY THE NUMBERS



Impacting the lives of people with physical disabilities in Northeast Ohio for

**18 YEARS**

### FULLY-ACCESSIBLE

campus with 9-hole inclusive golf course, driving range, and training center featuring an indoor golf learning center and state-of-the-art adaptive fitness center



**214**

adults, children and veterans served in 2019



**643**

program hours offered in 2019

**3,919**

facility visits in 2019 by individual members and affiliated groups



### DAILY & WEEKLY PROGRAMS

for members with inclusion events throughout the year



**114**

years of experience serving people with physical disabilities



**4 PARAMOBILES  
5 SOLORIDERS**





***“The Turn is a great opportunity for each of us to improve our strength, conditioning and overall health, as well as our emotional well-being. If we are really lucky, maybe our golf game will improve too!”***

**WHO we are.** A team of dedicated PGA golf professionals, certified fitness instructors, support staff from the rehabilitation and sports therapy departments of Greater Cleveland’s leading local hospital systems, passionate volunteers, and loyal donors. Our 15-acre campus located at the North Olmsted Golf Club includes barrier-free access to a fitness center, indoor golf learning center, and nine-hole adaptive golf course, as well as the the region’s largest fleet of adaptive golf vehicles.

**WHAT we do.** All year long, we offer individual and group programs and adaptive recreational opportunities to improve balance, coordination, muscle strength, and, most importantly, self-esteem and camaraderie.

**WHO we serve.** Program participants—from juniors to adults—represent a broad range of physical disabilities, including stroke survivors and amputees, and those with traumatic brain injuries, visual impairment, multiple sclerosis, cerebral palsy and Parkinson’s disease.

**HOW we are different.** The Turn’s fleet of adaptive golf carts and vehicles allow those with disabilities to head out to the golf course safely and independently, just like everyone else.

**WHY we do what we do.** It’s said the most important shot in golf is the next one. For people with disabilities, who have already undergone extensive medical treatment to address their physical conditions—The Turn answers the question, “What now?” Using golf as a tool, along with other adaptive recreational activities, we put them back on course to thrive.

**98%** of members surveyed experienced improved quality of life after joining The Turn

**86%** of members surveyed improved their performance of daily living activities