

## InMotion Resources

- InMotion's website: <https://beinmotion.org>  
For more detailed information about InMotion and the services and programming that we offer, please visit our website or contact us at [support@beinmotion.org](mailto:support@beinmotion.org).
- InMotion introductory [video](#)  
This brief video depicts how InMotion works to help its clients with Parkinson's disease feel better every day. It also gives a brief history of how and why InMotion was created.
- ["InMotion serves Parkinson's clients via virtual programming"](#)  
This is an article in the Cleveland Jewish News that reports on how InMotion continues to serve its clients during the COVID-19 pandemic.
- Pals In Motion, InMotion's annual race/walk event has gone virtual this year. Click [here](#) for additional information about InMotion's major fundraiser and how you can provide support!
- Click [here](#) to view some of the video content InMotion's coaches and staff have created in order to continue serving our clients during the COVID-19 pandemic.
- **Please like us on Facebook @inmotionwellness, follow us on Instagram at inmotion\_parkinsons, and follow us on Twitter @InMotionOH!**

