



## Alberto Peña, MD, Colorectal Center

The Alberto Peña, MD, Colorectal Center at Cincinnati Children's Hospital Medical Center is the first and most comprehensive, multidisciplinary pediatric colorectal center in the world. Each year, our team cares for more than 800 patients with anorectal malformations, Hirschsprung disease, inflammatory bowel disease and other colorectal conditions.

### CONTACT US

For patient referrals and non-urgent consultation during business hours, contact the program directly at:

Phone: **513-636-3240**  
**colorectalcenter@cchmc.org**

**www.cincinnatichildrens.org/**  
**colorectal**

#### International

Phone: **+1-513-636-3100**  
**international@cchmc.org**



Cincinnati Children's is ranked third among all Honor Roll hospitals in the 2014-15 U.S. News & World Report listing of Best Children's Hospitals.

### Colorectal Surgical Team

Jason Frischer, MD  
*Director*  
Alberto Peña, MD  
*Founding Director*

Andrea Bischoff, MD  
Belinda Hsi Dickie, MD, PhD  
Michael Helmraath, MD, MS  
Daniel von Allmen, MD

### Full Spectrum of Conditions Treated

Our team is committed to surgically repairing congenital malformations, managing conditions that do not need to be treated surgically, and helping patients achieve long-term bowel control. Follow-up often continues through the patient's young adult years.

We treat a variety of complex conditions, including:

- Anorectal malformations/imperforate anus/cloaca
- Cloacal exstrophy
- Hirschsprung disease
- Inflammatory bowel disease (ulcerative colitis and Crohn's disease)
- Idiopathic constipation, including intestinal pseudo-obstruction
- Fecal incontinence, including fecal incontinence in spina bifida
- Familial adenomatous polyposis
- Fistula in ano
- Neurogenic bowel
- Post pull-through problems



**3,000+**

Number of pull-through procedures our doctors have performed for anorectal malformations, Hirschsprung disease and other colorectal disorders

**800**

Number of complex colorectal procedures performed each year

**95%**

Success rate of bowel management program for fecal incontinence

**88**

Number of countries from which patients have come to the Center, as well as all 50 states

## Advanced Diagnostics and Treatment

Physicians at the Peña Colorectal Center use sophisticated tests to ensure an accurate diagnosis, utilizing technologies such as:

- 3D cloacagram
- Cross-table lateral radiograph
- Fluoroscopy
- Distal colostogram
- MRI
- Spinal and abdominal ultrasound

When surgery is necessary, we offer the following:

- Colostomy
- Pull-through procedure (PSARP)
- Laparoscopic pull-through
- Transanal rectosigmoid resection
- Anoplasty
- Malone appendicostomy
- Laparoscopic pouch procedure for IBD and polyposis
- Sacral nerve stimulator

Other treatment options include medical management, nutrition therapy and our highly effective bowel management program, which allows many patients with fecal incontinence to become clean and to achieve bowel control, thereby avoiding permanent colostomy or dependence on diapers. Children who follow the program gain self-esteem, confidence and a much-improved quality of life.

## Specialty Care Coordination and Education

At the Peña Colorectal Center, we believe that the best outcomes are achieved through close collaboration among our surgeons, other care professionals at Cincinnati Children's and referring physicians. Depending on the nature of each individual case, we work closely with other pediatric specialists at Cincinnati Children's, including those in fetal medicine, gastroenterology, gynecology, neurosurgery, orthopaedics, radiology and urology, among many others.

In addition, we offer workshops for healthcare professionals, a visiting surgeon program, surgical fellowship and teaching teleconferences. Our physicians travel internationally to perform surgery and to train medical professionals in the care of patients with complex colorectal conditions.

For urgent issues, or to speak with the specialist on call 24/7, call the Physician Priority Link at **1-888-987-7997**. For international inquiries, call **+1-513-636-3100** or email [international@cchmc.org](mailto:international@cchmc.org).