

# Cleveland Area Virtual Caregiver Support Group Schedule

**All Support Groups are meeting virtually  
at this time.**

Call the 24/7 Helpline at **800.272.3900** or email  
Jennie Laeng at [jelaeng@alz.org](mailto:jelaeng@alz.org) to register.



## FIRST WEEK OF EVERY MONTH

- **1st Tuesday—7pm – 8:30pm** – Telephone Support Group
- **1st Thursday—3pm – 4:30pm** – Telephone Support Group
- **1st Thursday—6:30pm - 8pm** – Telephone Support Group

## SECOND WEEK OF EVERY MONTH

- **2nd Monday—6:30pm – 8pm** – Zoom Support Group (Adult Children Specific)
- **2nd Tuesday—1:30pm – 3pm** – Zoom Support Group (Lewy Body Dementia Specific)
- **2nd Wednesday—1pm – 2:30pm** – Zoom Support Group
- **2nd Thursday—7pm – 8:30pm** – Telephone Support Group
- **2nd Saturday—9:30am – 10:30am** – Zoom Support Group (Faith-Based)
- **2nd Saturday—1:30pm – 3:30pm** – Zoom Support Group (Frontotemporal Dementia Specific)

## THIRD WEEK OF EVERY MONTH

- **3rd Wednesday 1:30pm – 3pm** – Zoom Support Group

## FOURTH WEEK OF EVERY MONTH

- **Last Monday—6:30pm – 8pm** – Zoom Support Group (Adult Children Specific)
- **4th Thursday—1:30pm – 3:30pm** – Zoom Support Group
- **4th Thursday—7pm – 8:30pm** – Telephone Support Group (Faith-Based)