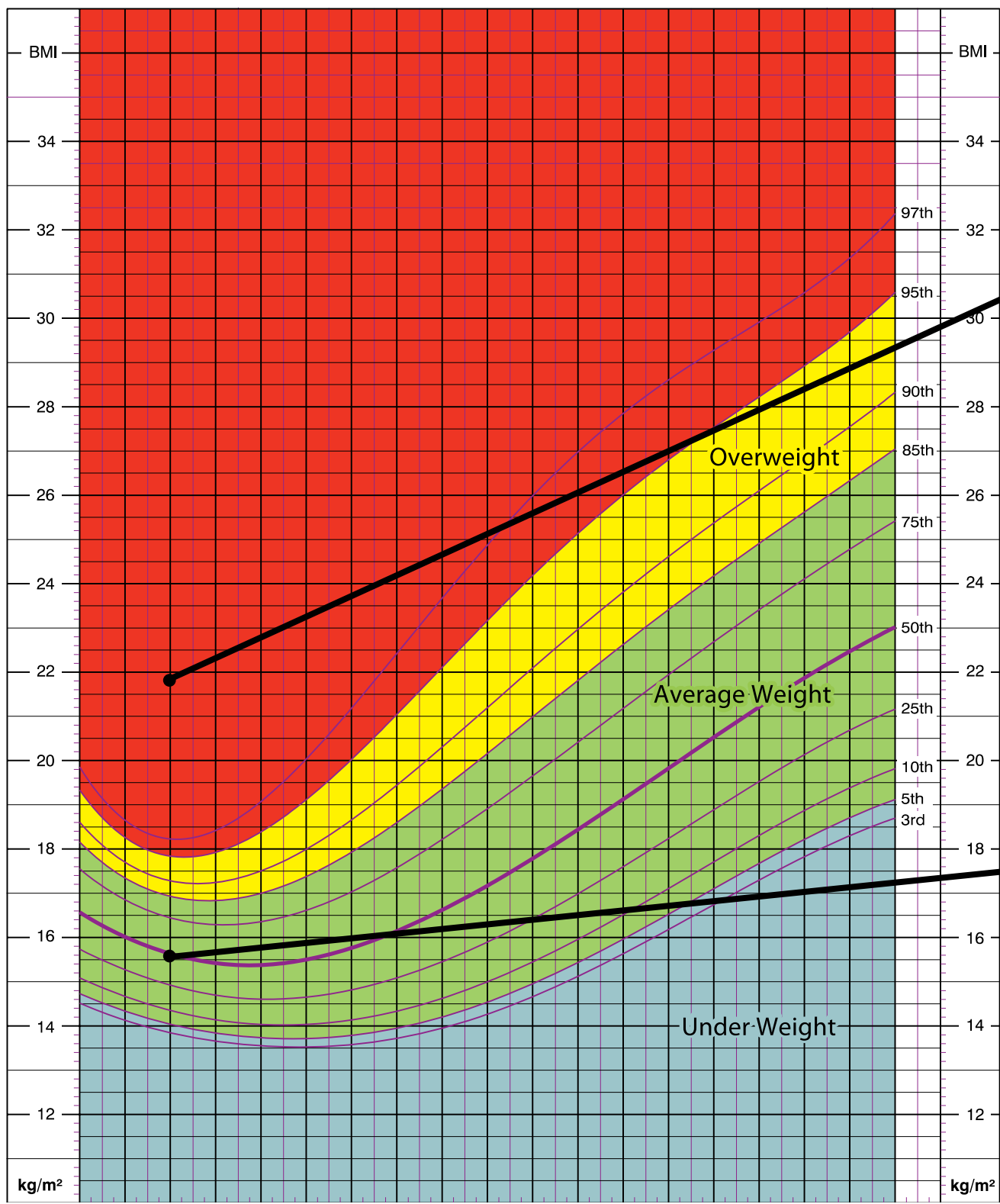


Is Your Child's Weight Healthy?



4 years old
63 pounds; 3 feet, 9 inches

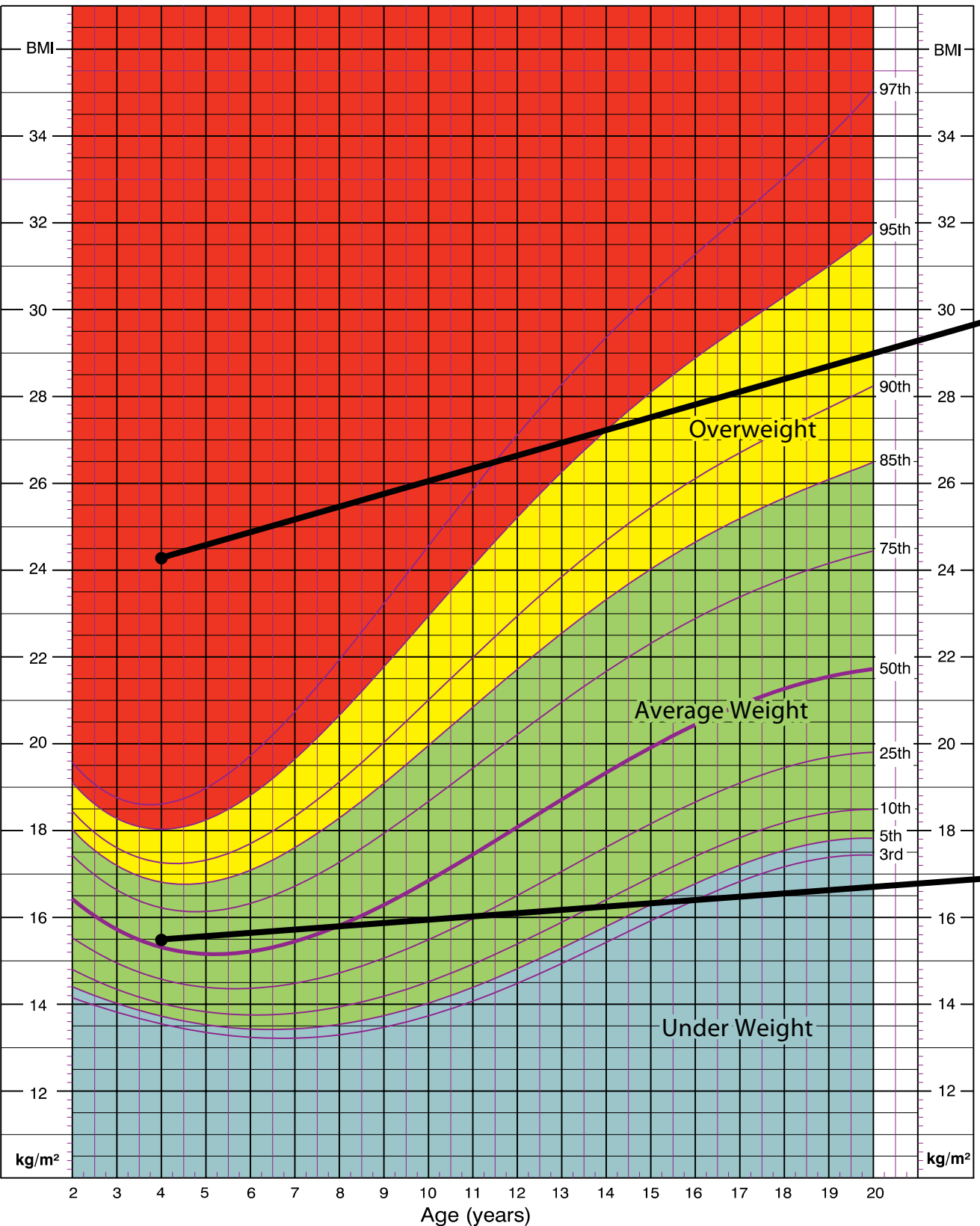
BMI and weight in the unhealthy red zone



4 years old
45 pounds; 3 feet, 9 inches

BMI and weight in the healthy green zone

BODY MASS INDEX (BMI) CHART



4 years old
58 pounds; 3 feet, 5 inches

BMI and weight in the unhealthy red zone



4 years old
37 pounds; 3 feet, 5 inches

BMI and weight in the healthy green zone

Published May 30, 2000.
SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
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