



FOX CLINICIAN TERI, PT, DPT, WALKS WITH HER CLIENT DURING A HOUSE CALL

**FOX FACTS**



We make Geriatric House Calls™



We provide Physical, Occupational, and Speech Therapy



Our services are covered under Medicare Part B



Homebound status not required



Hospitalization not required

# PARKINSON'S DISEASE

*Over one million Americans live with Parkinson's disease, but many are unaware of the extensive benefits physical and occupational therapy can provide to older adults who are diagnosed with this degenerative disorder. Effective clinical interventions can slow the progression of the functional decline associated with PD. Physical, occupational, and speech therapists help their clients achieve optimal function through individualized evidence-based programs.*

**NO MATTER WHERE YOU LIVE IN NORTHEAST OHIO, FOX HAS YOU COVERED.**

FOX Physical and Occupational Therapists making house calls in Greater Cleveland, Akron, and Youngstown areas are LSVT BIG Certified.



**PHYSICAL, OCCUPATIONAL, & SPEECH THERAPY. FOX REHABILITATES LIVES.**

T 1.877.407.3422 | W foxrehab.org

**HOW TO REFER** Download a referral form at foxrehab.org and fax along with a demographic sheet with client insurance information to 1.800.597.0848 or call a FOX Admissions Coordinator at 1.877.407.3422.

## COMPONENTS OF TREATMENT

- Multi-disciplinary team approach to rehabilitative care for clients with Parkinson's disease
- Comprehensive evaluations including the use of evidence-based functional outcome measures to assess gait, flexibility, balance and strength
- Strong emphasis on individualized interventions taking into consideration the client's pharmacological management to maximize the benefit of peak drug effectiveness for activities and training
- Skilled therapeutic interventions including high intensity resistive exercises, flexibility exercises, voicing exercises, walking programs, and instruction in cueing and compensatory strategies delivered one-on-one in the comfort of the client's residence

## BENEFITS OF TREATMENT

- **Increased Strength:** Research shows that high intensity strength training can improve stride length, lower extremity strength and gait speed.  
*(Scandalis, et al., American Journal of Physical Medicine and Rehabilitation, 2001)*
- **Improved Cognition:** Cognitive rehabilitation has been shown to maintain and improve cognitive skills and increase the quality of life for individuals who have cognitive decline related to Parkinson's disease.  
*(Calleo, et al., Parkinson's Disease, 2012)*
- **Decreased Fall Risk:** Research demonstrates that balance training combined with lower extremity strength training is highly effective in improving balance in clients with Parkinson's disease.  
*(Keus, et al., Movement Disorders, 2007)*
- **Improved Vocal Loudness:** Research shows that high effort speech treatments can improve hypophonia in individuals with Parkinson's disease.  
*(Atkinson-Clement, C., Sadat, J., et al., 2015)*