

Educational Resources



Helpline

Our Parkinson's disease (PD) information specialists provide up-to-date information about Parkinson's, emotional support and referrals to health professionals and community resources.

Call 1-800-4PD-INFO (473-4636)

or Email Helpline@Parkinson.org

Publications

Our well-respected educational book series focuses on critical PD issues. Order a free copy of any publication, ranging from introductory information to in-depth material on important topics or read them online.

Visit Parkinson.org/Store.



Podcast

Parkinson's experts discuss critical topics in our podcast series, *Substantial Matters: Life and Science of Parkinson's*. Learn about the treatments and techniques that can help you live a better life now, as well as the research that can bring a better tomorrow. **Visit Parkinson.org/Podcast**



PD Conversations

Join our online community that offers a network of support across eight discussion groups. Connect with others who share the same challenges and hopes, while finding answers from trained Helpline specialists

Visit PDConversations.org

Webinars

Participate live or watch an archived *Expert Briefing* webinar to learn more about Parkinson's symptoms, progression, treatments and management.

Visit Parkinson.org/EB

Online Education

Parkinson.org is the go-to source for Parkinson's information. Articles, videos, fact sheets and more will help you understand the disease, find resources, connect with providers and get involved with the Parkinson's community.

Visit Parkinson.org

Aware in Care Kit

This free kit has tools and information to help a person with Parkinson's get the best possible care in the hospital, whether it is a planned or emergency visit. **Visit Parkinson.org/AwareinCare**



Newly Diagnosed Kit

These understandable and actionable resources have the right level of detail for someone newly diagnosed and their care partner to navigate the diagnosis and connect with the Foundation.

Visit Parkinson.org/NewlyDiagnosed

Explore these resources at Parkinson.org/Library
or call 1-800-4PD-INFO (473-4636).